

The XXXXL size chart

50 charts from 47 brands, read on or before 2026-09-08. Every brand here publishes in inches; the centimetre figures are converted.

Womenswear

34 published charts, sorted by how deep each one reaches. Numbers are the bust, waist and hip the brand draws that size for, in inches. A dash means the brand does not publish it. All three print side by side in the PDF.

BRAND	CHART IS	4XL	5XL	6XL	7XL	8XL	9XL	10XL
Adiricha	Body	50 · 48 · 54	52 · 50 · 56	54 · 52 · 58	56 · 54 · 60	58 · 56 · 62	60 · 58 · 64	62 · 60 · 66
Aramya	Garment	49 · 47 · 53	51 · 49 · 55	53 · 51 · 57	55 · 53 · 60	57 · 55 · 62	59 · 57 · 64	61 · 59 · 66
Indietoga	Body	46 · 44 · —	48 · 46 · —	50 · 48 · —	52 · 50 · —	54 · 52 · —	56 · 54 · —	58 · 56 · —
The Pink Moon	Body	48 · 46 · 51	50 · 48 · 53	52 · 50 · 55	54 · 52 · 57	56 · 54 · 59	58 · 56 · 61	60 · 58 · 63
Women Plus India	Garment	48 · 44 · 53	50 · 46 · 56	52 · 48 · 56	54 · 50 · 59	56 · 52 · 59	58 · 54 · 62	60 · 56 · 63
Amydus	Body	44 · 43 · 50	46 · 45 · 52	48 · 47 · 54	50 · 49 · 56	52 · 51 · 58	54 · 53 · 60	— · — · —
Pink Shell	Body	48 · 38 · —	50 · 40 · —	52 · 42 · —	54 · 44 · —	56 · 46 · —	58 · 48 · —	— · — · —
Sztori	Body	46 · 40 · 52	48 · 42 · 54	50 · 44 · 56	52 · — · 58	54 · — · 60	56 · — · 62	— · — · —
Desinoor (PrettyPlus)	Garment	50 · 46 · 55	52 · 48 · 57	54 · 50 · 59	56 · 52 · 61	58 · 54 · 63	— · — · —	— · — · —
Big Hello	Body	50 · 38 · 49	52 · 40 · 51	54 · 42 · 53	56 · 44 · 55	— · — · —	— · — · —	— · — · —
Here&now	Body	46 · 46 · 52	48 · 48 · 54	50 · 50 · 56	52 · 52 · 58	— · — · —	— · — · —	— · — · —
Kalini	Garment	50 · 47 · 54	50.1 · 47.1 · 54.1	52 · 49 · 56	54 · 51 · 58	— · — · —	— · — · —	— · — · —
Anouk Mirage	Body	46 · 46 · 48	48 · 48 · 50	50 · 50 · 52	— · — · —	— · — · —	— · — · —	— · — · —
Extra Love By Libas	Body	49 · 45 · 51	51 · 47 · 53	53 · 49 · 55	— · — · —	— · — · —	— · — · —	— · — · —
InstaFab Plus	Body	46 · 42 · 50	48 · 44 · 52	50 · 46 · 54	— · — · —	— · — · —	— · — · —	— · — · —
Jaipur Kurti	Body	45 · 43 · 51	47 · 45 · 53	49 · 47 · 55	— · — · —	— · — · —	— · — · —	— · — · —
Libas	Body	49 · 45 · 51	51 · 47 · 53	53 · 49 · 55	— · — · —	— · — · —	— · — · —	— · — · —
Oxolloxo	Body	55 · 49 · 57	59 · 53 · 61	63 · 57 · 65	— · — · —	— · — · —	— · — · —	— · — · —
Rustorange (Shape of Me)	Body	46 · 46 · —	48 · 48 · —	50 · 50 · —	— · — · —	— · — · —	— · — · —	— · — · —
Selcouth	Body	44 · 39 · 46	46 · 41 · 48	48 · 43 · 50	— · — · —	— · — · —	— · — · —	— · — · —
XL LOVE by Janasya	Garment	48 · 45 · 52	50 · 48 · 55	52 · 51 · 58	— · — · —	— · — · —	— · — · —	— · — · —
Bunaai	Body	48 · 41 · —	50 · 43 · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Calae	Garment	52 · 42 · 54	54 · 44 · 56	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
GoSriKi	Garment	48 · 45 · 54	50 · 47 · 56	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Yash Gallery	Body	46 · 46 · 48	48 · 48 · 50	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Aurelia	Body	52 · 54 · 60	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
FabAlley Curve	Body	46 · 38 · 48	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
H&M	Body	59.8 · 53.5 · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Inddus Plus	Body	46 · 40 · 48	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —

BRAND	CHART IS	4XL	5XL	6XL	7XL	8XL	9XL	10XL
Max	Garment	46.7 · 39.7 · 49.2	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Rangriti	Garment	50 · 48 · 51	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Sangria	Body	46 · 40 · 48	— · 42 · 50	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Varanga	Garment	50 · 50 · 54	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
W for Woman	Body	51 · 51.6 · 55.5	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —

Menswear

16 published charts, sorted by how deep each one reaches. Numbers are the chest, shoulder and length the brand draws that size for, in inches. A dash means the brand does not publish it. All three print side by side in the PDF.

BRAND	CHART IS	4XL	5XL	6XL	7XL	8XL	9XL	10XL
Avrie	Garment	50 · — · 32	52 · — · 33	54 · — · 34	56 · — · 35	58 · — · 36	60 · — · 37	62 · — · 38
Bigger Better	Garment	53 · — · 33.5	55 · — · 34.5	59 · — · 35	63 · — · 35	65 · — · 36	67 · — · 36	69 · — · 37
JohnPride	Body	54 · 20 · 31	56 · 20.5 · 31.5	58 · 20.5 · 32	60 · 20.5 · 32.5	62 · 20.5 · 33	64 · 20.5 · 33.5	66 · 20.5 · 34
Toodle Plus	Garment	50 · 19.5 · 32	52 · 20 · 32.5	54 · 20.5 · 33	56 · 21 · 33	58 · 21.5 · 33.5	60 · 22 · 34	62 · 22.5 · 34
Big N Bigger	Garment	54 · 21.5 · 34	56 · 22.4 · 34.5	58 · 23 · 35	60 · 24 · 35.5	62 · 24.5 · 35.5	— · — · —	— · — · —
Big Banana	Garment	55.2 · 20.8 · 28.8	57.6 · 21.6 · 29.6	60 · 22.4 · 30.4	60.4 · 23.2 · 31.2	— · — · —	— · — · —	— · — · —
Big Hello	Body	56.5 · 22.3 · 33.8	58.5 · 23 · 34.1	60.5 · 23.8 · 34.5	62.5 · 24.5 · 34.9	— · — · —	— · — · —	— · — · —
Bewakoof Plus	Garment	48 · 21 · 30	52 · 21 · 30	53.5 · 21.3 · 30.3	— · — · —	— · — · —	— · — · —	— · — · —
InstaFab Plus	Body	52 · 20 · 29.5	54 · 20.5 · 30	56 · 21 · 30	— · — · —	— · — · —	— · — · —	— · — · —
Puma	Garment	60.6 · 21.5 · 32.8	64.5 · 22.3 · 33.6	68.4 · 23.1 · 34.4	— · — · —	— · — · —	— · — · —	— · — · —
Sztori	Garment	52 · 20.8 · 31.8	54.5 · 21.5 · 32.3	57 · 22.3 · 33.3	— · — · —	— · — · —	— · — · —	— · — · —
The Formal Club	Body	52.5 · 20.3 · 32.5	54.5 · 20.8 · 32.8	56.5 · 21.3 · 33	— · — · —	— · — · —	— · — · —	— · — · —
DAMENSCH	Body	48 · — · 27.5	50 · — · 27.5	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Moda Rapido	Garment	48 · 22 · 33	49 · 23 · 34	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Marks & Spencer	Garment	50 · 19.5 · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —
Nautica	Garment	54 · 22.3 · 34.3	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —	— · — · —

How to read this table

The numbers are the brand's own. For menswear that is the chest, for womenswear the bust, exactly as the brand prints it. Every one of them publishes in inches; switch the toggle and the centimetre figures are converted from those inches rather than read from a second chart. Nothing is extrapolated: a dash means the brand does not publish that size, not that we could not work it out. A chart's own ladder is its limit.

Body and garment are not the same number. The "Chart is" column is the most important one on the page. A body chart tells you the person the size was cut for. A garment chart tells you the piece measured flat on a table, which must be bigger than the body — about 4 inches on a t-shirt, 5 on a shirt, 7 on outerwear and close to 1 on jeans. That difference is the ease. Compare a garment number to a body number without subtracting it and you will be a full size out, in the direction that hurts.

Menswear and womenswear are separate tables on purpose. A 4XL drafted for a 50 inch chest and a 4XL drafted for a 48 inch bust are both real, and neither is the 4XL. They started out interleaved in one table with a column to tell them apart, which made every comparison a two-step; folding them together for real would be the same mistake as folding brands together.

The order is the argument. Rows are sorted by how deep the chart reaches, so the brands that actually dress you above 6XL are at the top and the ones that stop at 4XL are at the bottom. That ranking is not our opinion; it is what they published.

What this table cannot do

It cannot tell you your size. It tells you what each brand's labels mean, which is the half nobody publishes in one place — the other half is your own measurement, and the calculator puts the two together and names a size at each brand.

It cannot promise the clothes exist. A chart reaching 9XL is a drafting decision, not stock. The shelf is what is actually buyable today, and the size ceiling ranking is where charts and stock are compared brand by brand.

It cannot fix a chart that was wrong when it was printed. We read what brands publish and say where we read it. Where a brand's own chart does not match its own clothes, our table inherits that — and says whose number it is, which is the most useful thing we can honestly do.

QUESTIONS PEOPLE ACTUALLY ASK

What chest size is 4XL in India? ^

There is no single answer, and that is what the table on this page is for. Across the brands here a 4XL is drawn for anything from a 44 inch bust to a 50 inch chest — Amydus draws its 4XL for a 44 inch bust, Adiricha for 50, and the general Indian convention puts menswear 4XL at about 50 inches and womenswear at about 48. The spread is more than a full size, so the useful question is not what 4XL means but what it means at the brand you are about to buy from.

Why do some numbers look far too big? ^

Because they are garment measurements, not body measurements, and the table says which is which in the 'Chart is' column. A body chart states the person a size is cut for; a garment chart states the piece lying flat, which has to be several inches bigger than the body or you could not put it on. Big Banana's 4XL reads 55.2 inches as a garment and fits roughly a 51 inch chest. Never compare a garment number to a body number without taking the ease back out.

Can I download this size chart? ^

Yes. The PDF at the top of the page holds the same table, in landscape, and is meant for the case this page is bad at: standing in a shop, or sending it to somebody who does not want a link. It is regenerated from the same data as the page, and carries the date it was built.

Why is my brand not in the table? ^

Either it publishes no chart we could read, or its published chart stops below 4XL. We hold 72 brands and 69 publish something, but only 47 print a number at 4XL or deeper — the rest stop at 3XL or lower, which the size ceiling ranking covers. A few, like Snitch, render their charts per-product in JavaScript our reader cannot reach. If you work at one of them, send us the chart.

How often is this updated? ^

The numbers come from each brand's own published chart, re-read on a schedule, and every row carries the date it was last verified in the source data. The table states when the set was read. A brand that silently redraws its chart is exactly the thing this page is here to catch, so a number changing is news rather than an error.